Daily after-school enrichment: a sample day and week

K–5 · keep the rhythm predictable and the content fresh · adapt times, block length and groups to your program

Belonging Games
belonginggames.com

SAMPLE DAY (3:00–6:00)

Time	Block	What happens
3:00–3:15	Arrival	Attendance, greet each child by name
3:15–3:35	Snack + circle	Snack, one question, introduce today's topic
3:35–4:15	Homework	Homework; others read, draw or do a puzzle
4:15–4:45	Active play	Outdoors, gym or an indoor movement game
4:45–5:25	Enrichment	Today's topic (four steps below)
5:25–6:00	Choice + pickup	Quiet choices any child can join or leave

THE ENRICHMENT BLOCK (ABOUT 40 MINUTES)

1 · Hook
~5 min. A fact, picture or question

2 · Main activity
~20 min. Trivia, bingo or drawing together

3 · Talk
~10 min. One or two questions in small groups

4 · Close
~5 min. One word or picture; recognize effort

Physical activity: NAA HEPA 2.0 sets 30 minutes for a three-hour program, at least 15 of them moderate to vigorous.

SAMPLE WEEK (NOVEMBER 16–20, 2026)

Day	Event	Run
Mon 16	Test It Day **STEM** Testing things instead of just believing them	Projector Trivia, then Bingo
Tue 17	Maya Angelou Day **SEL** Kindness in action	LoopTalk in small groups
Wed 18	Morocco's Free Day **Cultural** Morocco's Independence Day; Arabic and Amazigh heritage	Projector Facts, then How to Draw
Thu 19	Frida Kahlo Day **SEL** Self-expression through art	How to Draw, then Coloring
Fri 20	Eureka Day **STEM** Noticing and trusting good ideas	Trivia/Facts in pairs, then certificates

Each day on the Belonging Games calendar offers 1–3 events; staff pick the one that fits their group. Events open from the team's Google or Outlook Calendar, each with an educator guide, 7 printables, 3 projector activities and a certificate.

Our weekly enrichment plan

Week of _____ · Site / group _____ · Filled in by _____

Day	Topic or event	Main activity	Print or project	Who leads	Backup if plans change
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					

Ready test: could someone who has never seen this plan run Monday's block after five minutes with this page in hand? If not, add what is missing.